



If you only ate this well every day

WRAPS & PIZZAS

- 2 Thai Chicken Wrap \$9.95
- 3 Maui Flatbread pizza \$10.95
- 4 Thai Chicken Pizza \$9.95



SANDWICHES & BURGERS

- 10 Cashew Chicken Melt \$9.95
- 11 Cashew Chicken Salad Sandwich \$9.95
- 12 All Natural Hamburger \$9.95
w/cheese \$11.45
- 13 Turkey Club \$10.95
- 14 Grilled Vegetarian Sandwich \$10.95

ENTREES

- 20 Free Range Teriyaki Chicken \$12.95
- 21 Turkey Meatloaf \$13.95
- 22 Bean Burrito \$9.95
w/chicken or beef \$12.95
- 23 Grilled Chicken Quesadillas \$10.95

SALADS

- 41 Cashew Chicken Salad \$11.95
- 42 Almond Tuna Salad \$11.95
- 43 Mediterranean Greek Salad \$10.95
- 44 Tropical Spinach Salad \$10.95
- 46 Chopped Salad \$12.95

EXTRAS

- 50 Chips \$1.25
- 51 Cookie \$2.25
- 52 Brownie \$3.00