



**DESSERT?**  
70. Cookie  
1.99

## — SOUPS &amp; STARTERS —

- |   |                           |   |             |
|---|---------------------------|---|-------------|
| <b>1. HOMEMADE CHICKEN NOODLE SOUP</b>            | <b>Cup 4.50 Bowl 6.25</b> | <b>5. CHICKEN FINGERS</b>   | <b>8.95</b> |
| <b>2. FRENCH ONION AU GRATIN</b>                  | <b>Cup 4.75 Bowl 6.50</b> | Lightly breaded strips of chicken breast, deep fried & served with barbeque sauce or honey mustard. |             |
| <b>3. BUFFALO WINGS</b>                           | <b>9.95</b>               | <b>6. MOZZARELLA STICKS</b>   | <b>7.95</b> |
| Served with bleu cheese dressing & celery sticks. |                           | Breaded mozzarella, fried & served with marinara sauce.   |             |
| <b>4. POTATO SKINS</b>                            | <b>7.25</b>               |   |             |

## — SALADS —

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|---|--------------|---|--------------|
| <b>20. CAESAR SALAD</b>   | <b>8.95</b>  | <b>25. FAJITA SALAD</b>   | <b>10.75</b> |
| Romaine lettuce, lightly coated with our own Caesar dressing. Topped with Parmesan cheese and croutons.   |              | Chicken with shredded lettuce, pico de gallo, black olives & cheddar cheese. Served in a crispy tortilla shell with sourcream, guacamole, salsa and a side of ranch dressing. |              |
| <b>21. ORIENTAL CHICKEN SALAD</b>   | <b>10.75</b> | <b>28. COBB SALAD</b>   | <b>10.75</b> |
| Lettuce, mandarin oranges, water chestnuts, peapods & red peppers topped with marinated chicken strips, wonton strips, & sesame or sweet & sour dressing. |              | Mixed greens topped with bacon bits, black olives, cheddar and bleu cheeses, tomatoes, eggs and grilled chicken breast.   |              |
| <b>22. CHICKEN CHOPPER</b>  | <b>10.75</b> |   |              |
| Chopped romaine and iceberg lettuce with chicken, bacon bits, onions, tomatoes, bleu cheese crumbles and nuggets of pasta tossed in a tangy dressing.     |              |   |              |

## — SANDWICHES, WRAPS &amp; BURGERS —

Served with your choice of chips, Champps fries, coleslaw or fat-free cottage cheese. Add seasoned sour cream \$1.00. Substitute onion rings for \$1.00.

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| <b>30. MEDITERRANEAN TUNA MELT</b>   | <b>9.95</b> | <b>50. HAMBURGER</b>   | <b>8.95</b> |
| Choice white albacore tuna, Swiss cheese & tomato. Grilled open faced on multi-grain bread.  |             | Add American, Swiss, pepperjack, Colby-Jack, provolone or Cheddar.   | 50.         |
| <b>31. DIJON HAM MELT</b>  | <b>9.50</b> | <b>51. SHROOM BURGER</b>   | <b>9.75</b> |
| Hot ham with melted Swiss and grilled onions, topped with Dijon mayonnaise and baby arugula.   |             | Loaded with sautéed mushrooms & Swiss cheese.  |             |
| <b>32. MILE HIGH TURKEY</b>  | <b>9.50</b> | <b>52. BLEU CHEESE BURGER</b>  | <b>9.95</b> |
| With lettuce, tomato & mayonnaise on grilled white bread.  |             | With bacon bits & melted Bleu & Cheddar cheeses.   |             |
| <b>33. RELUBEN/RACHEL</b>  | <b>9.75</b> | <b>53. PAITY MELT</b>  | <b>9.75</b> |
| Corned beef or turkey, sauerkraut, Thousand Island dressing & Swiss cheese, grilled & served on dark rye.                                    |             | Topped with sautéed onions & Swiss & American cheeses.   |             |
| <b>35. CHICKEN CYN</b>   | <b>9.95</b> | <b>54. 4-ALARM HABAÑERO BURGER</b>   | <b>9.95</b> |
| Marinated chicken breast topped with bacon, Swiss cheese, lettuce and tomatoes. Served on grilled nine-grain bread.                          |             | Topped with pepper cheese, jalapeño peppers & Bleu cheese dressing.  |             |
| <b>36. HAWAIIAN CHICKEN</b>  | <b>9.95</b> | <b>56. BIG BEN'S DIJON BURGER</b>  | <b>9.95</b> |
| Marinated chicken breast topped with grilled pineapple and provolone cheese. Served on a sesame seed bun.                                    |             | Melted Swiss cheese, crisp bacon, lettuce, tomato & Dijon mayonnaise.  |             |
| <b>38. CHAMPPS CLUBHOUSE</b>   | <b>9.75</b> | <b>60. TUNA WRAP</b>   | <b>9.95</b> |
| Layers of ham, bacon, turkey, Swiss cheese, mayonnaise, lettuce & tomatoes. Served on toasted white bread.                                   |             | Tuna salad with jasmine rice, mixed greens, mozzarella cheese, tomatoes, golden raisin chutney and cilantro sauce. Wrapped in a warm spinach tortilla.   |             |
| <b>42. BUFFALO CHICKEN</b>   | <b>9.95</b> | <b>62. GREEK WRAP</b>  | <b>9.95</b> |
| Grilled or deep fried, basted with our hot buffalo sauce, topped with lettuce & tomato. Served with a side of Bleu cheese dressing.          |             | Grilled marinated chicken breast with tomatoes, lettuce, cucumbers, onions and feta cheese tossed in our Greek dressing wrapped in a spinach tortilla. Served with a side of cucumber sauce and fruit. |             |
| <b>45. ADAMS PORK SANDWICH</b>   | <b>9.75</b> | <b>66. BUFFALO CHICKEN WRAP</b>  | <b>9.95</b> |
| Melt in your mouth pulled pork smothered in BBQ sauce and topped with cheddar cheese and scallions. Served on thick-cut country white bread. |             | Tomato tortilla, chicken, lettuce, celery, tomato, blue cheese and buffalo sauce.  |             |
|  |             | <b>67. GRILLED PORTABELLA MUSHROOM</b>   | <b>9.95</b> |
|  |             | Grilled zucchini, shaved onions, lettuce, mozzarella and romano cheeses, marinated plum tomatoes and roasted garlic mayonnaise. Served on focaccia bread.  |             |